

# OAXACA



KATIE WETZEL  
MOVEMENT

## ITINERARY

OCTOBER 4 - October 11

### FRIDAY

4

- Arrive at Puerto Escondido
- Mezcal tasting
- Welcome dinner

### SATURDAY

5

- Morning yoga & breakfast
- Shuttle to secluded beach
- Optional Activity: Surfing
- Group dinner in town

### SUNDAY

6

- Morning yoga & breakfast
- Choose your adventure: spend another day at the beach or explore town
- Optional activities: deep sea fishing, jungle group or ceramic classes
- Dinner with private chef on the beach

### MONDAY

7

- Morning yoga & breakfast
- Shuttle to Oaxaca City
- Arrive at Grana Hotel
- Menu of the Day group lunch
- Monte Alban sunset exploration and meditation
- Eight-course interactive group dinner at Cocino Del Humo

### TUESDAY

8

- Morning yoga & breakfast
- City history biking tour
- Lunch Street Foot walking tour
- Free time to explore
- Group dinner at local cantina

### WEDNESDAY

9

- Morning yoga & breakfast
- Village excursion with natural dye making workshop & bee's wax candle making
- Lunch with local Oaxacan family
- Return to city for group dinner - casual street food dinner and option to explore the local nightlife

### THURSDAY

10

- Morning yoga & breakfast
- Palenque visit - Lalo Cura mezcal distillery tour, tasting, and lunch
- Return to city for free time to explore
- Group dinner with private chef at hotel

### FRIDAY

11

- Leave Oaxaca for return trip home or stay for optional add-on weekend mountain trip to San Jose Del Pacifico Fri- Sun for mushroom retreat, meditation, and temezcal ceremony.

The itinerary and activities may be subject to change. We're grateful to know that as adventurers, you're joining us on this journey and open to the possibilities!

# OAXACA

## ITINERARY

OCTOBER 4 - October 11



KATIE WETZEL  
MOVEMENT

PRICE: \$3,700

## WHAT'S INCLUDED

- Breakfast everyday
- Daily Vinyasa Yoga
- Dinner everyday with 2x alcoholic drinks included with each dinner
- Lunches in Oaxaca City
- All Excursions in Oaxaca City
- Transportation to and from Included excursions
- All lodging
- Available shuttle option to & from airport upon arrival and departure day

## WHAT'S NOT INCLUDED

- Lunches in Puerto Escondido (food will be available for purchase).
- Day 3 optional activities in Puerto Escondido (surfing, fishing, jungle excursion, ceramic class)
- Flights
- Any textiles, mezcal or items you'd like to take home with you
- Optional add-on trip to San Jose del Pacifico (prices and details to follow)

